

kick-off workshop

DIGITAL TECHNOLOGIES FOR GLOBAL MENTAL HEALTH

OVERCOMING DISCIPLINARY BORDERS

April 18-19, 2024
European University Viadrina
Frankfurt (Oder)

The research community co-minded, aims to unite experts in global health, digital health, and mental health. Our kick-off symposium will feature research talks and collaborative sessions to address research gaps and promote a cooperative approach that combines the strengths of both tech and non-tech fields in mental health.

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The workshop is supported by the German Federal Ministry of Education and Research (BMBF) as part of the German Alliance for Global Health Research (GLOHRA).



Digital Technologies for Global Mental Health

Overcoming Disciplinary Borders

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To tackle the challenges of global mental health, high hopes have been set into the development of digital solutions: They promise to extend access to care and improve healthcare for individuals worldwide, while requiring fewer resources compared to traditional healthcare services. Nonetheless, various critical aspects should be considered, such as the effectiveness of the digital offers, equitable access, and adaptability to diverse cultural backgrounds. The workshop (supported by the German Federal Ministry of Education and Research (BMBF) as part of the German Alliance for Global Health Research (GLOHRA)) is the kick-off event of the research community [co-minded](#). The aim of the research community, and thus of the workshop, is to bridge the gap between global and digital mental health disciplines and to promote cooperation by giving an impulse for future joint activities.

Workshop highlights:

- Delve into the dynamic world of interdisciplinary research in digital global mental health.
- Discover new frontiers in digital health solutions for mental well-being.
- Present and discuss your own research in panel discussions, elevator pitches, and expert-guided collaborative sessions.
- Connect with other researchers and experts across various disciplines, enriching your network, and becoming an integral part of the *co-minded* community.

Application Details:

Submit your application for workshop participation, along with a concise background and research description, by **February 29th, 2024** via www.cominded.digital/workshop. To ensure effective collaboration, the workshop is limited to 50 participants. Should we receive more applications than we can accommodate, our organizing committee will select proposals that best align with our program's objectives. Applicants not selected for in-person participation will be offered the opportunity to join through online streaming.

There are two options for presenting during the workshop:

1. We will hold two panels in which you can present a completed or ongoing research project (approx. 15 minutes). The topics of our planned panels are: "Data-driven intervention" and "Embracing diversity". **Please note that your research does not have to fit the topic perfectly, but should help us to discuss and learn about (parts of) this topic together.** In your abstract, briefly describe the background, aim, methodology, and results of your study, together with the conclusions you draw.
2. During your elevator pitch, we invite you to present an idea you're passionate about exploring in the realm of digital, global, or mental health, **all within just a few minutes.** Following your pitch, we will have the opportunity to discuss the idea for a few minutes, and we will include your idea in the collaborative sessions. In your abstract, briefly describe the research from which you have derived your idea, what exactly you would like to explore, how this can be of benefit for the research area, and in what way the community could contribute to your project.

Participants who prefer not to give a presentation are still highly encouraged to join our workshop. Your knowledge and contributions to the collaborative sessions are equally valued for enriching the workshop experience.

Support for Early Career Researchers:

We are delighted to announce that GLOHRA will provide funding support for travel and accommodation expenses for up to 20 early career researchers, including PhD candidates and postdoctoral scholars (up to seven years after receiving their PhD). This support covers travel costs up to €300 (note: only train travel is eligible for funding) and accommodation costs up to €80. To ensure that as many participants as possible can benefit from this opportunity, we kindly request that you apply for this funding only if you do not have alternative means to cover your participation costs, such as support from your employer or scholarship organisation.

Should you have any questions or require additional information, please feel free to reach out at any time via [**workshop@cominded.digital**](mailto:workshop@cominded.digital)

Best Regards,
The organizing committee

Workshop program

THURSDAY, 18.04.2024

12:45 – 13:00	Arrival
13:00 – 13:30	Welcome by the organizers & round of introductions
13:30 – 15:00	Panel 1: Data-driven interventions: The impact of machine learning on global mental health Presentations of approx. 15 minutes each, followed by a joint discussion
15:00 – 15:30	Coffee break
15:30 – 16:00	Elevator pitches I
16:00 – 17:30	Collaborative session 1: Overcoming disciplinary borders in global digital mental health Interactive session in small working groups accompanied by experienced researchers in the field
17:30 – 18:00	Round up of day 1
18:00	Get-together and dinner

FRIDAY, 19.04.2024

8:00 – 08:30	Arrival
8:30 – 08:45	Welcome & retrospect
8:45 – 10:15	Panel 2: Embracing diversity: Strategies for the global adaptation of digital interventions Presentations of approx. 15 minutes each, followed by a joint discussion
10:15 – 10:30	Coffee break
10:30 – 11:00	Elevator pitches II
11:00 – 12:00	Collaborative session 2: A research landscape for global digital mental health Interactive session in small working groups accompanied by experienced researchers in the field
12:00 – 13:00	Lunch break
13:00 – 14:15	Podium discussion and summarising of results, led by experienced researchers in the field
14:15	Round up and way forward, farewell

Travel and Accommodation Guide for the European University Viadrina, Frankfurt (Oder)

For more than 30 years, the [European University Viadrina](#) located in the twin city of Frankfurt-Stubice has been actively engaged in European studies. It brings together academics and students to explore important issues facing future Europe. The university prides itself on fostering innovation and an interdisciplinary approach in its research and academic programs.

Getting there from/via Berlin:

Attendees traveling from Berlin to the European University Viadrina in Frankfurt (Oder) can use the direct train service (RE1) available from several stations in Berlin, including Berlin Hauptbahnhof, Berlin Alexanderplatz, and Berlin Ostkreuz. Trains run two to three times per hour with **a travel time of approximately one hour.**

Getting there from other places

Most train connections to Frankfurt (Oder) will go via Berlin. However, for attendees arriving from other cities in Brandenburg, or from directions such as Leipzig, Dresden, or Poland, direct train connections might be available. To find the best route, you can visit [Bahnguru](#) or utilize your preferred train booking tool.

From Frankfurt (Oder) train station to the university

Upon arrival at the Frankfurt (Oder) train station, the university is accessible **within a 10-minute walk.** Alternatively, trams 1, 3, and 4 provide direct service from the train station to the university for those who prefer not to walk.

Accommodation

We will reserve a number of rooms for workshop participants in a hotel near the university at a discounted rate (around 80€ per night, incl. breakfast). You will receive all information for booking a room together with your confirmation of participation in the workshop.



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